## Splash of Color Fun Run & Walk For Mental Health Awareness

May is Mental Health Awareness Month

Join North Country CMH in Petoskey for the 23rd Annual Splash of Color Fun Run and Walk for Mental Health Awareness.

## **5K Run & Awareness Walk**

1 in 4 adults live with a diagnosable mental disorder in a given year (source: Johns Hopkins).
Join NCCMH in raising awareness for mental health services in our community.

#MENTALHEALTHMATTERS



SCAN TO REGISTER

When: Saturday, May 20th at 10am Where: Festival Park in Petoskey Registration costs \$25 per person.

FUN FOR ALL AGES!

Scan the QR Code above or call 231-439-1228 to Register

\*Group rates available for groups of 5 or more.

\*Registration includes a T-Shirt, NCCMH Swag Bag, and a chance to win door prizes!

\*All proceeds are donated to our Client Special Needs Fund, helping our clients achieve their treatment goals!