

MINUTES OF THE BOARD
January 19, 2023, 4:00 PM
North Country Community Mental Health
1420 Plaza Drive, Board Room, Petoskey



BOARD MEMBERS ATTENDING:

Caroline Loper, Ed Ginop, Michael Newman, Ron Iseler, Jarris Rubingh, Karla Sherman, David White, Annemarie Conway, Kyle Yohe

MEMBERS ATTENDING VIRTUALLY: Robert Boyd, Gary Knapp

BOARD MEMBERS ABSENT: Allen Telgenhof

STAFF: Brian Babbitt, Kim Rappleyea, Ann Friend, Nancy Rhue, Tim Stapp Jr., Kim Rappleyea, Deb Freed (virtual), Trenton Lee (virtual)

GUESTS: None

Mr. Ginop called the meeting to order at 4:00 PM

ROLL CALL

Mr. Ginop welcomed Board members and staff to the meeting. There is a quorum present.

ACKNOWLEDGEMENT OF CONFLICT OF INTEREST: No board members expressed a conflict with any agenda item.

PUBLIC COMMENT: None

CONSENT AGENDA

The consent agenda includes the agenda overview, minutes of the previous meeting, privileging recommendations and contracts signed in the past month. Items requiring approval will be placed on the meeting agenda.

MOTION BY CAROLINE LOPER TO APPROVE THE CONSENT AGENDA; SUPPORT BY KARLA SHERMAN.

COMMITTEE RECOMMENDATIONS – BOARD ACTION*

Finance Committee Report: Mr. Ginop reviewed the Statement of Cash on Deposit and Disbursements through December 2022; Interim Financial Statements as of November 30 Revenue and Expense by Fund Source; Trending Revenue and Expenses as of November 30, 2022; and NMRE Funding Source Report.

Mr. Ginop requested the financial reports be placed on file for audit.

PRESENTATIONS – Deb Freed presented the Wellness Committee Annual Report. The Wellness Committee's mission and vision were shared. The vision being that NCCMH's staff wellness is the foundation of the organization's wellbeing, and the mission is to foster a worksite culture that supports fellow colleagues' desires to make lifestyle choices that improve overall wellbeing. Mindfulness, mentoring, movement, motivation, and meaning are the topics focused

on for creating a culture of wellness at NCCMH. The 2022 goals of the Wellness committee were to create a system to support employees' physical, mental and emotional health, foster a sense of community and team within departments while improving community between departments, and create an overall culture of wellbeing within our organization. This year participation in the challenges nearly doubled with 142 unique staff participating in at least one challenge compared to 78 last year. The wellness committee also worked on and NCCMH received the Mental Health America Bell Seal Award and presented Wellness in the workplace at the CMHAM Fall conference.

ACTION ITEMS WITHOUT COMMITTEE REVIEW:

Bylaws Amendment- Article Five- Committees of the Board- in Section I. Committees; the addition of "Standing committee appointments for unfulfilled terms shall be made by the Chairperson of the Board for the remaining term" This amendment is suggested as we had 4 board members, 2 of whom chaired committees, who will not be finishing their committee terms.

MOTION BY KARLA SHERMAN TO APPROVE THE AMMENDMENT TO ARTICLE FIVE OF THE BYLAWS TO INCLUDE THE LANGUAGE "STANDING COMMITTEE APPOINTMENTS FOR UNFULFILLED TERMS SHALL BE MABE BY THE CHAIRPERSON OF THE BOARD FOR THE REMAINING TERM"; SUPPORT BY ANNEMARIE CONWAY.

ROLL CALL VOTE

YAY: DAVID WHITE, RON ISELER, CAROLINE LOPER, MICHAEL NEWMAN, KARLA SHERMAN, JARRIS RUBINGH, KYLE YOHE, ANNEMARIE CONWAY, ED GINOP

NAY: NONE

NOT VOTING: GARY KNAPP, ROBERT BOYD

ABSENT: ALLEN TELGENHOF

MOTION CARRIES

CHIEF EXECUTIVE OFFICER'S REPORT/COMMUNICATIONS

Mr. Babbitt referred to several items in his report. He drew attention to his out in the field day with Bobbi Moore, Supports Coordinator in Otsego County. He states that there is a plan for him to be in the clubhouse on the 27th. He noted that the executive team has made a commitment to visit our other offices to encourage more of an interconnected feeling rather than a siloed feel of individual offices an initiative that came from the most recent employee survey. He drew attention to his virtual attendance of the Community Mental Health Association of Michigan's meetings on Self Determination and Standard Cost Allocation. Mr. Babbitt drew attention to the Executive Team Quarterly Summary, noting that Kim Rappleyea, Chief Operation Officer has made some changes to the Medical Records process, and Amy Christie, Chief Clinical Officer's training of first responders on crisis intervention. He drew attention to a change in Assisted Outpatient Treatment (AOT) and that NCCMH shared an AOT training with our local law enforcement agencies. Mr. Babbitt shared a newspaper article about McLaren Northern Michigan's Justin A. Borra Behavioral Health center that is underway in Cheboygan, and an article about Senator Debbie Stabenow not seeking reelection in 2024, citing that she has been a strong advocate for the public mental health system.

QUALITY IMPROVEMENT UPDATE – There is no QI update this month.

NORTHERN MICHIGAN REGIONAL ENTITY

The minutes of the October Operations Committee meeting, draft minutes of the December Board of Directors minutes and financials through November 30, 2022 were shared.

OLD BUSINESS – None

NEW BUSINESS – Mr. Babbitt discussed the February CMHA Winter Conference in Kalamazoo February 6-8. He asked board members to reach out to Ms. Rhue if they are interested in attending.

Mr. Babbitt gave the board members an overview of what will be discussed at the February board retreat. He asked the members of the board if they wanted to keep it as scheduled next month or if they wanted to push it back another month. The consensus from the present board members was to keep it scheduled for the 16th of February with a starting time of 10 am, at the Perry Hotel.

Ms. Christie informed the board that the program directors will be presenting at the retreat to give new board members an overview of the programs and who they serve and will also be presenting on goals of the programs and accomplishments.

BOARD & STAFF COMMENTS – Ms. Sherman encouraged board members to try to attend a CMHA conference as they are full of great information. She said that if they could not make it to the Kalamazoo winter conference that there are conferences in June and September in Traverse City.

ADJOURNMENT

The meeting was adjourned at 4:54 PM by Board Chair Ed Ginop.


Ed Ginop, Board Chair