

MINUTES OF THE BOARD
January 16, 2020
North Country Community Mental Health
1420 Plaza Dr., Petoskey MI 49770

BOARD MEMBERS PRESENT: Ed Ginop, Karla Sherman, Michael Newman, Ron Iseler, Christian Marcus, Robert Draves, Dennis Priess, Caroline Loper, Paul Liss
Patty Cox attended via phone

BOARD MEMBERS ABSENT: Louis Scholl, Sr. Augusta Stratz, Robert Boyd, David White
STAFF: Christine Gebhard, Kevin Hartley, Stacey Chipman, Amy Christie, Lorraine Manary

GUESTS: There were no guests.

Mr. Ginop called the meeting to order at 4:02 p.m.

ROLL CALL

Mr. Ginop welcomed Board members and staff to the meeting. Absent with notification; Louis Scholl, Sr. Augusta Stratz, and Robert Boyd. Absent without notification; David White. Patty Cox attended by phone. A quorum was present.

PUBLIC COMMENT

None

CONSENT AGENDA

The consent agenda includes the agenda overview, minutes of the previous meeting and contracts signed in the past month.

MOTION TO ACCEPT THE CONSENT AGENDA AS PRESENTED BY PAUL LISS, SUPPORT BY KARLA SHERMAN. MOTION CARRIED.

COMMITTEE RECOMMENDATIONS – BOARD ACTION*

Finance Committee: The Finance Committee met prior to the Board meeting. Mr. Marcus reported details of the Revenue and Expenditure Report, and Bills through December 31, 2019. Balance on December 1, 2019 was \$2,961,486.93. Receipts through December were \$7,126,992.22; expenditures were \$3,935,979.81. Ending balance as of December 31 was \$6,152,499.34.

Mr. Marcus reviewed the Financial Statements through November 30, 2019 including the Statement of Net Position; Revenue by Funding Source; Expenditures by Line Item; and Statement of Cash Flows.

Medicaid (including Autism): North Country capitation revenue payments received through the month of November were \$7,086,184; expenditures were \$7,527,800, resulting in an OVER

expenditure of \$441,616. (It was noted in the NMRE financials that NCCMH is due \$331,184 in HSW and capitation payments that would result in an UNDER expenditure of \$81,944.)

Healthy Michigan Plan: North Country capitation revenue payments received through November 30 were \$599,200. Expenditures were \$406,824 resulting in an UNDER expenditure of \$192,376.

General Fund: State General Fund revenue received through November was \$339,026. Expenditures were \$295,066 and \$2,088 redirected resulting in an UNDER expenditure of \$41,872

Statement of Revenue, Expense and Changes in Net Position: Total Operating Revenue \$8,538,857; Total Operating Expenses of \$8,338,342; Increase in Net Position of \$141,959.

A summary of Rural Health Reimbursement rebates was presented. In FY19 we received a \$38,730.00 rebate.

Mr. Ginop asked members if there were any questions about the financial reports. Hearing none, Mr. Ginop directed the reports be placed on file for audit.

ACTION ITEM(S) WITHOUT COMMITTEE REVIEW:

Policy Update: Services Suited to Condition – The policy was changed to reflect the process for a recipient to request a change in Mental Health Professional. Other minor wording changes were made to clarify acronyms.

MOTION TO ACCEPT THE UPDATED “SERVICES SUITED TO CONDITION” POLICY AS PRESENTED. MOTION MADE BY KARLA SHERMAN, SUPPORT BY CHRISTIAN MARCUS. MOTION CARRIED.

PRESENTATION: ACEs & Resiliency

Ms. Chipman, Chief Clinical Officer, presented information on Adverse Childhood Experiences (ACEs) and Resiliency. Ms. Chipman showed a TedMed talk by Dr. Nadine Harris in which she explains ACEs and its effect on the brain. ACEs are potentially traumatic events that occur in childhood (0-17 years) which have been linked to chronic health problems, mental illness, and substance misuse in adulthood. An estimated 62% of adults surveyed across 23 states reported that they had experienced one ACE during childhood and nearly one-quarter reported that they had experienced three or more ACEs. ACEs can have negative, lasting effects on health, wellbeing, and opportunity. These exposures can disrupt healthy brain development, affect social development, compromise immune systems, and can lead to substance misuse and other unhealthy coping behaviors. The evidence confirms that these exposures increase the risks of injury, sexually transmitted infections, including HIV, mental health problems, maternal and child health problems, teen pregnancy, involvement in sex trafficking, a wide range of chronic diseases and the leading causes of death such as cancer, diabetes, heart disease, and suicide. ACEs can also negatively impact education, employment, and earnings potential.

Ms. Chipman explained that the agency has incorporated an ACE survey into the electronic health record; now every client receives this screen. Resilience is the ability to adapt well, or “bounce back” in the presence of difficult life events. Helping clients develop or increase resilience is a major treatment goal. Our staff are being trained by Dr. Sloan on how to work

with people who have been traumatized. He is considered an expert in this field and is also working with school districts in our area.

CHIEF EXECUTIVE OFFICER’S REPORT/COMMUNICATIONS

Ms. Gebhard shared several items.

The Day of Education & Staff Recognition Agenda was provided in the board materials. One hundred and eighty-eight staff members attended, as well as Mr. Marcus. Ms. Gebhard again thanked the board for supporting this event.

Ms. Gebhard reminded board members about the upcoming MDHHS public forums on the behavioral health system redesign. The NMRE has requested a forum be held in the 21-county region. There is a virtual forum option on February 6.

An agreement was made with Charlevoix Area Hospital to use the hospital’s psychologist to provide Autism testing which will help reduce our current backlog.

CORRESPONDENCE, ARTICLES, AND INFORMATIONAL ITEMS

Ms. Gebhard shared several pieces of correspondence, including:

- MDHHS
 - Mental Health Block Grant Funding FY 21-22. A Letter of Interest was submitted to use these funds for a technology-based recovery support application, “My Strength”, which is used by many CMH’s across the state. We have been invited to submit a full proposal.
- CMHAM
 - Letter to CMHAM from MDHHS Director Robert Gordon
 - Email response to the MDHHS letter on the system redesign from Robert Sheehan

The proposal from MDHHS is vague and there are some troubling suggestions. Ms. Gebhard was one of a dozen CMH CEOs invited to attend a meeting with MDHHS leadership next week. She has also scheduled meetings with legislators to discuss the new vision and timeline. CMHAM will be looking at creating an alternative plan to recommend rather than waiting for the state to finalize their plan. Ms. Gebhard asked if the board would like to see the material Chip Johnston, CEO of Centra Wellness Network, is sharing with his county commissioners. Board members are asked to contact Ms. Gebhard, who will email the materials to those interested.

Policy and Legislation meeting this week. The Legislature has approved a supplemental of \$250M for FY20. The FY19 Supplemental of \$50M was not included. The Governor requested that the HMP work requirements be put on hold while various State lawsuits play out, but Senate Majority Leader Shirkey is opposed.

HB5178 calls for uniform credentialing of CMH professional staff. The CMHA is working with legislators on the draft bill. SB672 & SB673 would eliminate the Certificate of Need process for inpatient psychiatric beds and require all licensed facilities to accept at least 50% Medicaid beneficiaries. Many do not believe this will impact bed availability and will reduce oversight.

QUALITY IMPROVEMENT UPDATE

Ms. Christie shared an update of the Quality Improvement Council highlighting the Recovery Self-Assessment conducted by the NMRE. The Recovery Self-Assessment (RSA) is a tool that assesses the recovery-oriented activities, values, policies and practices of the services that NCCMH. It looks at six domains of recovery: life goals, consumer involvement, treatment options, consumer choice, tailored services and inviting space. All questions are scored on a 5-point Likert scale (5 being the highest score). Four different groups receive slightly different surveys: clients, families, staff and administration. Ms. Christie shared categories that were highly rated and those with lowest ratings.

NCCMH will begin to focus on areas of growth after review of outcomes and comments by the QI Council and the Leadership of NCCMH.

Ms. Gebhard explained that a new position, Community Outreach and Advocacy Coordinator, was created to focus on anti-stigma by helping clients with self-advocacy, developing a speaker bureau, and other activities that are in line with our vision and mission.

NORTHERN MICHIGAN REGIONAL ENTITY

The draft minutes of December 11, 2019 NMRE board meeting was shared. Ms. Sherman indicated that the discussion there was in line with the board's earlier discussion on system redesign.

Ms. Gebhard reviewed the NMRE Funding Source Report which shows North Country CMH in relation to other members of the PIHP for both Traditional Medicaid (including Autism), and the Healthy Michigan Plan.

OLD BUSINESS

There was no old business brought before the board.

NEW BUSINESS

Personnel Committee will meet on January 27 at 10:30 am in Petoskey. Ms. Gebhard referred to an email sent to all staff addressing the question of a COLA. Executive staff are revising the employee classification model and salary schedule which will be presented.

Executive Committee members received the Board By-Laws for review; two questions were sent back. One referred to the three-year time limit for board members. Ms. Gebhard clarified saying that county commissions can appoint members for repeated terms. Another was a request to have "Mental Health Code" added to the reference to Public Act 258. Ms. Gebhard will have this added.

BOARD & STAFF COMMENTS

Ms. Sherman said she missed everyone at the December board meeting. She was stuck out west and was unfortunately unable to attend.

Mr. Liss shared that Otsego County is moving forward with a millage request for a new criminal justice complex that includes a 120-bed jail with a section for inmates with behavioral health needs. The county expects the project to require a 1.9 mil. millage.

ADJOURNMENT

There being no further business to come before the board, the meeting was adjourned at 5:35 p.m. by Board Chair, Ed Ginop.


Edward Ginop, Board Chair