

**NORTH COUNTRY COMMUNITY MENTAL HEALTH  
NORTHERN AFFILIATION  
ADMINISTRATIVE MANUAL**

**CHAPTER:** Affiliation Chapter 2  
**PROCEDURE NAME:** Self-Determination  
**PROCEDURE NUMBER:** 2003

**POLICY:**

Self-determination shall be made available throughout the Northern Affiliation service delivery system for adults with developmental disabilities and adults with mental illness, according to the MDCH Self-Determination Policy and Practice Guideline (Attached).

**PURPOSE:**

To define and further specify actions that will support the infusion of self-determination throughout the Northern Affiliation service delivery system. Self-determination is defined as the composite of attitudes required to act as the primary causal agent in one's life and to make choices free from undue external influence or interference (Wehmeyer, 1992).

**APPLICATION:**

**PROCEDURES:**

**REFERENCES:** Wehmeyer, 1992.

**DISTRIBUTION:**

**REVISED:**

**APPROVED:** By the Operations Committee, 02/06/02

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